



# What's On This Easter Holiday

## Private Tuition

One to one lessons for  
adults and children

## Private Pool Hire



## Parent, Baby & Toddler Swimming

Fun and friendly  
group swimming classes  
Come and join in!

## 3 Day Intensive Swimming Courses

Build confidence and improve technique!  
Only 4 swimmers in a group

Courses for beginners to improvers  
Octopus Goldfish Angelfish



Join Water Lilies Swimming School this Easter

Turn over for full details

# REDLINGFIELD POOL

## Week 1

TIME	Weds 30th March	Thursday 31st March	Friday 1st April
1.30pm	Starfish 6 wks - 8 mths	---	---
2.00pm	Starfish 8 - 18 mths	---	---
2.30pm	Starfish / Stanley 18 - 36 mths	---	---
4.00pm	Stanley Intensive	Stanley Intensive	Stanley Intensive
4.30pm	Octopus Intensive (A)	Octopus Intensive (A)	Octopus Intensive (A)
5.00pm	Goldfish Int	Goldfish Int	Goldfish Int
5.30pm	Octopus Int (B)	Octopus Int (B)	Octopus Int (B)

## Week 2

TIME	Weds 6th April	Thursday 7th April	Friday 8th April
1.30pm	Starfish 6 wks - 8 mths	---	---
2.00pm	Starfish 8 - 18 mths	---	---
2.30pm	Starfish / Stanley 18 - 36 mths	---	---
4.00pm	Stanley Intensive	Stanley Intensive	Stanley Intensive
4.30pm	Octopus Intensive (C)	Octopus Intensive (C)	Octopus Intensive (C)
5.00pm	Goldfish Int	Goldfish Int	Goldfish Int
5.30pm	Octopus Int (D)	Octopus Int (D)	Octopus Int (D)

Private hire of the lovely Redlingfield pool is also available during August.  
Please contact Water Lilies Swimming School to book

# HARLESTON POOL

## Week 1

Time	Tuesday 29th March		Wednesday 30th March		Thursday 31st March	
9:00am	Stanley Int (A)	Angelfish Int (A)	Stanley Int (A)	Angelfish Int (A)	Stanley Int (A)	Angelfish Int (A)
9:30am	Octopus Int (A)	Goldfish Int (A)	Octopus Int (A)	Goldfish Int (A)	Octopus Int (A)	Goldfish Int (A)
10:00am	Goldfish Int (B)	Octopus Int (B)	Goldfish Int (B)	Octopus Int (B)	Goldfish Int (B)	Octopus Int (B)
10:30am	Stanley Int (B)	Goldfish Int (C)	Stanley Int (B)	Goldfish Int (C)	Stanley Int (B)	Goldfish Int (C)
11:00am	Octopus Int (C)	Stanley Int (C)	Octopus Int (C)	Stanley Int (C)	Octopus Int (C)	Stanley Int (C)
11:30am	Goldfish Int (D)	Octopus Int (D)	Goldfish Int (D)	Octopus Int (D)	Goldfish Int (D)	Octopus Int (D)

## Week 2

### Teacher Training £2 Lessons

4th to 7th April, half an hour  
lessons, 2- 4pm  
Come and help us with the  
teacher training course and  
exam! Lessons just £2 each.

Suitable for Octopus,  
Goldfish & Angelfish swimmers.  
Book your place!

# BUNGAY - OAKLANDS POOL

## Week 1

Time	Tuesday 29th March		Wednesday 30th March		Thursday 31st March	
9:30am	Starfish 6 wks – 8 mths	Private Tuition	---	---	---	---
10:00am	Stanley Int (A)	Angelfish Int (A)	Stanley Int (A)	Angelfish Int (A)	Stanley Int (A)	Angelfish Int (A)
10:30am	Octopus Int (A)	Goldfish Int (A)	Octopus Int (A)	Goldfish Int (A)	Octopus Int (A)	Goldfish Int (A)
11:00am	Goldfish Int (B)	Octopus Int (B)	Goldfish Int (B)	Octopus Int (B)	Goldfish Int (B)	Octopus Int (B)
11:30am	Starfish 8 - 18 mths	Private Tuition				
12 noon	Private Tuition	Starfish / Stanley 18 - 36 mths				

## Week 2

Time	Monday 4th April		Tuesday 5th April		Wednesday 6th April	
9:30am	---	---	Starfish 6 wks – 8 mths	Private Tuition	---	---
10:00am	Stanley Int (C)	Angelfish Int (B)	Stanley Int (C)	Angelfish Int (B)	Stanley Int (C)	Angelfish Int (B)
10:30am	Octopus Int (C)	Goldfish Int (D)	Octopus Int (C)	Goldfish Int (D)	Octopus Int (C)	Goldfish Int (D)
11:00am	Goldfish Int (E)	Octopus Int (D)	Goldfish Int (E)	Octopus Int (D)	Goldfish Int (E)	Octopus Int (D)
11:30am	Stanley Int (D)	Goldfish Int (F)	Stanley Int (D)	Goldfish Int (F)	Stanley Int (D)	Goldfish Int (F)
12 noon	Private Tuition	Starfish 8 - 18 mths	Private Tuition	Starfish / Stanley 18 - 36 mths		

# Course Details & Prices

## Intensive Courses

Our popular short intensive 3 day swim courses really do help children to build confidence and improve technique! It has been proven that children learn and retain new skills more easily over short intensive periods of time.

- Stanley:** Suitable for under 5s
- Octopus:** School age beginners / non-swimmers
- Goldfish:** Advanced beginners can swim 5-10m front and back
- Angelfish:** Improvers

**£24** for three 1/2 hour lessons

*All small groups - maximum 4 children per group*

## Private Hire

Enjoy the beautiful Redlingfield pool for a relaxing private swim with friends / family.  
Maximum 8 people. £14 per 1/2 hour

## Parent, Baby & Toddler

The STA Starfish & Stanley Awards are a wonderful introduction for babies and toddlers - from as young as 6 weeks up to three years old - to swimming in a safe and supportive environment. Come and join in!

**£9** per 1/2 hour class

## Private Tuition

Our excellent one-to-one lessons for children and adults in a quiet environment with little distraction! £22.50 per 1/2 hour (1:1 or 2:1)

## \*Octopus, Goldfish, Angelfish Swimmers\*

**£2 LESSONS** 4th - 7th April, 2-4pm in Harleston Pool

Join us for these STA 1/2 hour lessons delivered as part of the STA Award in Swimming Teaching teacher training course.

We're also now  
booking for the  
Summer Term!

**Water Lilies Swimming School**

t. 01379 740489

e. [treacle@waterliliesswim.co.uk](mailto:treacle@waterliliesswim.co.uk)

[www.waterliliesswim.co.uk](http://www.waterliliesswim.co.uk)

Find us on Facebook and Twitter too!

.....Cut along this line.....

## Easter Activities 2016 BOOKING FORM

Child's name \_\_\_\_\_

D.O.B \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Email \_\_\_\_\_

Contact Tel \_\_\_\_\_

Medical / Learning Difficulties (please specify)  
\_\_\_\_\_

Course/s \_\_\_\_\_

Pool \_\_\_\_\_

Day/s \_\_\_\_\_

Date/s \_\_\_\_\_

Time \_\_\_\_\_

## Payment

I enclose a cheque \*/ cash for amount of  
£\_\_\_\_\_ to secure my place on the above course/s

Parent /Carer Signature:  
\_\_\_\_\_

**SORRY NO BOOKING WITHOUT PAYMENT**

\*There is a 50p charge for cheques

You can also pay by CARD by phoning the Water Lilies  
Swimming School Office on **01379 740489**

## Return together with payment to :

Water Lilies Swimming School, Waveney House,  
Bungay Road, Scole, Norfolk IP21 4DX.